

# LOCAL FOODS WEEK

AUGUST 4<sup>TH</sup> TO AUGUST 11<sup>TH</sup>

**Saturday, August 4: PCO's FarmFest**

Enjoy local food, music and fun at the Grange Fair Grounds!



**Tuesday, August 7: Chef's Competition**

Boalsburg Farmers Market

**Thursday, August 9, 7pm: Fresh! The Movie screening**

The State Theatre with support from



**Saturday, August 11th, 12:30pm to 5:00pm: 7<sup>th</sup> Annual Centre County Farm Tour**

## FARM TOUR ADMISSION

\$5 per car or bike at each farm you visit

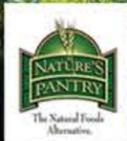
OR included in the Farm Tour Pass available for pre-sale only



## FARM TOUR PASS

\$15 per car or bike

Farm Tour admission is included in the Farm Tour Pass, along with deals from our Partners and access to some farms on the tour outside of the tour hours. You can purchase passes at the following locations:



Passes will also be available at the BFBL booth at area farmers markets during Local Foods Week.

# CENTRE COUNTY BUY FRESH BUY LOCAL<sup>®</sup> CAMPAIGN:

Centre County Buy Fresh Buy Local<sup>®</sup> (BFBL) is a project of the Pennsylvania Association for Sustainable Agriculture (PASA). PASA is a nonprofit member based organization dedicated to *promoting profitable farms that produce healthy food for all people while respecting the natural environment.* For more information & to learn more about our programs, visit [www.pasafarming.org](http://www.pasafarming.org) or call 814-349-9856.

## OUR PARTNERS

For more information, visit [www.BuyLocalPA.org/centre](http://www.BuyLocalPA.org/centre)

### SUMMER MARKETS

**Saturdays**



8am - 12pm



10am - 1pm



10am - 2pm

**Tuesdays**



11:30am - 5:30pm



2pm - 6pm

**Wednesdays**



3pm - 7pm

**Fridays**



11:30am - 5:30pm

### WINTER MARKETS

**Saturdays**



10am - 1pm

**Tuesdays**



2pm - 6pm

## Tips for Taking the Tour

- Bring a cooler! Products that need to be chilled will be for sale.
- Plan to visit 3 to 4 farms since you'll spend time taking tours and traveling.
- Wash your hands after you touch any animals. Make sure kids wash their hands too!
- Leave your pets at home.
- Pass holders will have additional access to some farms. Do not visit outside of the posted days and times.
- Remember that you are guests on the farms. Be courteous and do not enter private homes unless invited to do so.
- Finish the day by seeing what a chef can do with the products from the farms you've visited! Eat out at one of our Partner restaurants - bring your Farm Tour Pass for some special deals.

Contact us at 814-349-9856 or [buyfreshcc@pasafarming.org](mailto:buyfreshcc@pasafarming.org)



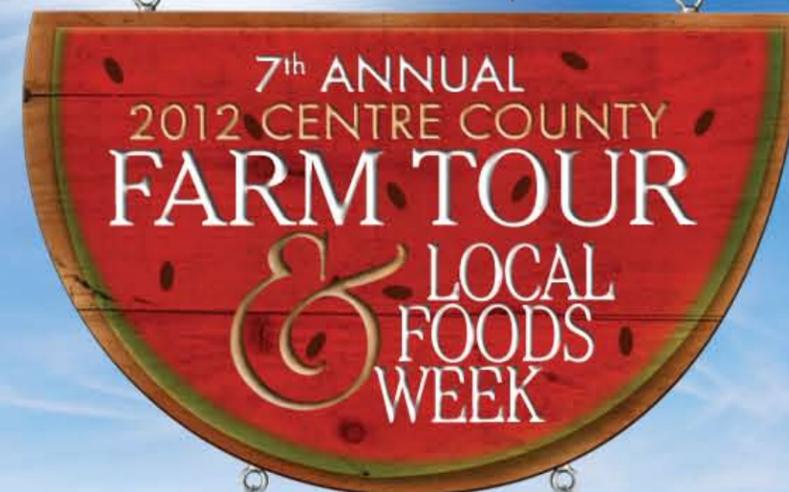
[pasafarming.org/ccf12](http://pasafarming.org/ccf12)

**LOCAL FOODS WEEK:**  
August 4<sup>th</sup> to August 11<sup>th</sup>

**FARM TOUR:**  
August 11<sup>th</sup> 12:30pm-5:00pm



FARM TOUR  
MAP INSIDE



For more information:



# 7th Annual CENTRAL PA FARM TOUR

August 11<sup>th</sup>  
12:30pm-5:00pm



Welcome to the Farm Tour! Please use these descriptions to plan your farm visits. Additional information is available on our website. For the most accurate directions, visit our website and use the google map provided there. GPS devices may not get you there!

For a detailed google map:

[www.pasafarming.org/ccft12](http://www.pasafarming.org/ccft12)



## BOALSBURG FARMS

**BEAR MEADOWS FARM**  
265 Bear Meadows Road  
Boalsburg, PA 16827

Rt 322E to Bear Meadows Rd. Turn right. Farm is on the left, just before Tussey Mountain Ski Area. Visit the happy cows (Animal Welfare Approved farm) of a grass-based dairy with their friends the Guinea hens and chickens. Tour a modern milking parlor, a spring house prepared to defend against the Native Americans, an early 1800s barn, crops raised to feed the animals and pastures. Farmland Preservation Artists will be at this farm painting and displaying their artwork.  
**raw milk**

**MT. NITTANY VINEYARD & WINERY**  
300 Houser Road  
Centre Hall, PA 16828

Rt 322E to Boalsburg. Turn left onto Rt 45E. In 1.7 mi, turn left onto Linden Hall Rd. Turn right onto Rock Hill Rd. Turn left onto Brush Valley Rd. Turn right on Houser Rd. Farm is at end of the lane.  
Enjoy the breathtaking view of Tussey Mountain from Centre County's first vineyard. The 5-acres feature 7 varieties of grapes and beautiful grounds with picnic tables near the fish pond. Sample wine and get a behind-the-scenes tour of the working winery. LAST TOUR AT 4:30PM.  
**wine, wine accessories, cheese**

## NORTHWEST FARMS

**THE PIPER'S PECK**  
1667 Valley View Road  
Bellefonte, PA 16823

From Beaver Stadium, turn left onto Fox Hill Rd. Bear left onto Burnell Rd. Turn right onto Rt 550 at the stop sign. Turn left onto Fillmore Rd. Turn right onto Valley View Rd at the stop sign and proceed 2.2 mi. Turn left into driveway which is directly across from the 35 mph sign. Visitors will see several varieties of hot peppers, sweet peppers and tomatoes being grown in the open field using cover cropping, rain water collection, composting and edible landscaping. The farmhouse is heated and cooled using a hybrid geothermal system. Anyone who wishes may pick a bagful of hot peppers to take home!  
**pepper slices, a variety of salsas, hot pepper preserves and jellies**

**GREENMOORE GARDENS CSA**  
193 Eagle Field Road  
Port Matilda, PA 16870

Rt 322W to Rt 550. Turn left at Exxon Station. Turn right onto Eagle Field Rd. Farm is on the left. Visit a certified organic CSA growing a wide variety of herbs, berries and vegetables using integrated pest management, crop rotation and on-farm composting. Tour high tunnels, a solar-thermal greenhouse and a certified kitchen. Feed the chickens while you're there.  
**vegetables, herbs and fruits**

**BINK SPARK AND SKIP FARM**  
1114 S. Pugh Street  
State College, PA 16801

From South Atherton heading North, turn right onto Easterly Parkway and park in the elementary school lot. Walk across S. Pugh St to the farm. See an urban farm with terrace gardens, a raised bed garden with a small hoop house, backyard chickens, a multi-bin composting system, a small apiary, cold-storage ideas, a rainwater collection system with a bicycle-powered pump, several fruit tree and bramble areas, a large garden on neighbor's lot, a grape arbor, oak log mushroom cultivation and a wood-fired clay oven.  
**cold beverages and baked goods made in the backyard clay oven**

**PENN STATE COMMUNITY GARDEN**  
Porter Road  
State College, PA 16801

Head East on Park Avenue. Turn right on Porter Road. Proceed past Medlar Field. Turn left for at the sign for the Centre for Sustainability and park in the grassy area. The gardens are behind the Morningstar solar home. See the community garden that is open to Penn State students, faculty, staff and members of the community. Features 98 10'x15' plots. The garden produces its own compost on site, collect rainwater for irrigation and has added mushroom cultivation logs this year. All plots practice organic growing techniques.

## BELLEFONTE FARMS

**GOOT ESSA**  
351 Wise Road  
Howard, PA 16841

Rt 64N. Ten miles past Pleasant Gap, turn right onto Wise Rd near Hublersburg.  
**PASA Member.**  
Visit this small cooperative dairy farm with horses, ponies, cows and calves. Watch cows take showers to stay cool. Peer into a cave where cheeses go to age. See where traditional Amish foods are made from scratch. Samples of cheese and fudge will be available.  
**cheese, fudge, apple butter, mustards, gift baskets**

**HEALTHY HARVEST FARM**  
793 Musser Lane  
Bellefonte, PA 16823

Take I-99 North. Just before the I-80 interchange make a right onto Musser Lane. Farm is first field on the right. Park in the Musser Farm Market parking lot. See the workings of a vegetable farm that markets all its produce thru a Community Supported Agriculture program. See vegetable crops in the field using cover crops and under high tunnels. Tractor demonstrations will also be taking place.  
**Musser Farm Market: local grass fed beef, milk, yogurt, raw milk cheese, eggs**

**PIPER HILL FARM**  
980 Forest Avenue  
Bellefonte, PA 16823

Rt 26N, turn right onto Forest Ave just before the I-80 underpass. Go 1 mi to second driveway on the left, straight up the hill.  
**Restrooms available. PASA Member.**  
Stop by this peaceful farm where chickens, ducks, peacocks, pygmy goats, rabbits, turkeys and cows live in harmony. Walk the Chartres Labyrinth or sit in the Medicine Wheel or pyramid and see if you can spot a predator fly, a natural fly control method.

**STONY RIDGE FARM**  
2871-1 Jacksonville Road  
Bellefonte, PA 16823

Rt 26E past I-80 to Rt 26E/Jacksonville Rd. Continue past the KOA campground. Farm is the 2nd lane on the left. This Amish farm raises cows and sells raw milk as well as cheese made from their milk. Check out the Purple Martin apartments and learn how these birds do their share of work on the farm. Stroll through the raspberry and blueberry patches, and learn how the vegetable garden uses animal "waste" for home-grown fertilizer. Try your hand at mowing the lawn with a push mower! LAST TOUR at 4:30pm.  
**raw milk, cheese, eggs, mint tea, crafts**

## PENNS VALLEY FARMS

**ECOSOPHY FARM**  
123 Blue Heron Drive  
Woodward, PA

Rt 45E through Aaronsburg. Turn right onto Bower Hollow Rd. Turn left at the T onto Pine Creek Rd. Blue Heron Drive is approx. 1/4 mi on the left. Cross the bridge and bear left. See a highly diverse, low input micro farm. The gardens, orchard, maple sugaring, cold frames, blueberries, sheep, mushroom logs, ducks and chickens feed a family of three and supply the immediate family. Landscaping features native plants and the newly planted blueberry patch. A seed garlic operation brings in 11,000 garlic bulbs per year. You will also see a hybrid strawbale potting shed and a humanure composting system. Feed the ducks and chickens while you're there!  
**some seasonal produce, gourmet garlic bulbs, garlic braids**

**GREEN ACRES FARM**  
291 Middle Road  
Aaronsburg, PA 16820

Rt 45E past Aaronsburg. Turn left on Applebutter Rd. Turn right on Middle Road. Farm is approx. 2 mi on the left. This Amish farm raises cows, chickens, rabbits and bees. Check out the animals grazing together, streambank buffers and a big vegetable garden that uses animal "waste" to increase soil health and control weeds.  
**produce, honey, beeswax, eggs, raw milk, cream**

**MOUNTAINSIDE HOMESTEAD**  
345 Pine Creek Road  
Woodward, PA 16882

Rt 45E 6 miles past Millheim. In Woodward, turn right onto Pine Creek Rd. Farm is 1/2 mile on the left. Visit a farm with pigs, sheep, goats, cows, turkeys, ducks and chickens as well as a big garden, berry patch and fruit trees. See what it means to graze your animals, compost, companion plant, cover crop and mulch. Check out solar showers, composting toilets, wood stoves for cooking and an outdoor wood furnace. Learn about on-farm butchering and maple sugaring.  
**meat, sheep skins, horseradish, fermented foods and homemade body care products**

**OVER THE MOON FARM**  
190 View Drive  
Rebersburg, PA 16872

Rt 45E to Old Fort, turn left onto Rt 144N to the light. Turn right onto Rt 192E for approx. 19 mi. Turn left onto View Dr 2 mi past Rebersburg. Go to second farm. Tour a 26 acre farm with certified organic hay fields and pasture, dairy heifers, pastured chickens, turkeys and pigs. The farm also has a farm-stay cabin and a newly constructed barn. Children will be able to gather eggs from the Eggmobile, see young chickens and turkeys and harvest garden wonders.  
**ground beef, pork chops, bacon, a variety of sausages, hot dogs, steaks, eggs, and some seasonal produce**

**SPRING BANK ACRES**  
531 Millheim Narrows  
Rebersburg, PA 16872

Rt 45E. In Millheim, turn left onto Rt 445N. Farm is 2.5 mi, on the right. Enjoy a visit to an Amish family's grass-based diverse farm with dairy cows, draft horses, composting pigs and chickens. Learn what it means for a dairy to be grass-based, see farm animals up close, taste homemade ice cream, feed the pigs, take a horse-drawn hay ride and hold baby chicks and rabbits.  
**homemade ice cream, cheese, yogurt, rabbit meat, eggs**

**STONE MEADOW FARM**  
190 Quarry Road  
Woodward, PA 16882

Rt 45E 4 mi past Millheim, turn right onto Quarry Rd. Farm is on the left at the sharp S-curve. Learn what it takes to make cheese at this grass-based dairy that produces raw milk cheddar, Colby and Swiss cheeses in house, as well as beef products. Sustainable practices include rotational grazing, stream bank fencing and cattle crossings. Tour the milking facilities, cheese plant, cheese cave and 1800s barn. Cheese samples available.  
**beef and cheese**

**TRIANGLE ORGANICS**  
5799 Penns Valley Road  
Aaronsburg, PA 16820

Rt 45E approx. 3 mi past Millheim. Farm is on the left. Visit this organic dairy farm with Jersey cows, pigs, chickens, ducks, horses and cats. Visitors are welcome to feed the ever-hungry pigs and get up close with the calves, ducklings and maybe even piglets!  
**raw milk, cottage cheese, sour cream, butter, pork, beef, eggs, fermented vegetables**

## POTTER'S MILLS FARMS

**BEILER FAMILY FARM**  
225 Ross Hill Road  
Spring Mills, PA 16875

Rt 45E past Centre Hall approx. 3.7 mi, turn left onto Ross Hill Rd at Jersey Shore Bank. Farm is 1/2 mi on the left.  
**Restrooms available. PASA Member.**  
Tour this grass-based, family operated dairy farm including pastures and cows, chickens and portable chicken coops, milking parlor and cheese plant. Enjoy free samples of food produced on the farm.  
**raw dairy, cheese, beef, pork, chicken, produce**

**COMMON GROUND ORGANIC FARM**  
127 Zuck Road  
Spring Mills, PA 16875

Rt 322E past Boalsburg, 1 mi past Pets Come First turn right onto Mt Back Rd. Turn left onto Zuck Rd. Tour this 82-acre certified organic farm that produces fruits, vegetables, plants, wool and lamb. See our beautifully trellised tomatoes, cucumbers and beans. We also have hoophouse production and fruit trees. Discuss organic management of soil, weeds and pests, and learn techniques you can try out in your own garden. You'll see rare 4-horned Jacob sheep, cows, border collie and friendly horses for kids to pet and can walk the beautiful nature trail for a great view.  
**ready to eat food and beverages; farm products - fresh organic fruit and vegetables (whatever's in season), plants**

**FULL CIRCLE FARM**  
132 Goodheart Road  
Spring Mills, PA 16875

Rt 322E approx. 12 mi. Turn left onto Red Mill Road. Go right a first stop sign, then take first left onto Goodhart Road. First farm on the right. See a certified organic, small scale cut flower & mixed produce operation featuring a newly constructed high tunnel, pastured poultry including heritage turkeys, pastured pigs in a movable "pig tractor", a fish pond and a low-spray mixed fruit orchard. See how crop rotation, cover crops, mulching, tomato trellising, beneficial insect habitat and drip irrigation work together to get the most out of the growing space.  
**pastured pork, grass-fed beef, micro greens, farmscape photography**

