

FARM TOUR
ADMISSION
\$10 per car
\$3 per bike

Purchase a pass at the first farm you visit and use the same pass to access all farms on the tour.

Goals of the Farm Tour

Our goal is to connect you with farms in Centre County offering the best in healthy, sustainably raised foods. We hope your experience will leave you with an understanding of how critical a local food system is to preserving the beautiful agrarian landscape of rural Centre County.



Tips for Taking the Tour

- Bring a cooler! Eggs, meats, cheeses, milk, veggies, fruit, and other products will be for sale.
- Plan to visit only 3-4 farms since you'll spend time taking tours and traveling.
- Wash your hands after you touch any animals. Make sure kids wash their hands too!
- Leave your pets at home.
- Do not visit farms before 12:30pm or after 5:00pm.
- Remember that you are guests on the farms. Please be courteous and do not enter private homes unless invited to do so.

If you need assistance on the day of the tour, please call: 814-574-9708

What is Sustainable Agriculture?

Sustainable agriculture refers to a food and production and distribution system that is environmentally sound, economically viable, and community focused. To support a sustainable food system, purchase from local farms that use practices such as integrated pest management (IPM) to reduce pesticide use, rotational grazing to recycle nutrients into the soil, or other farming practices that work in harmony with nature.

About PASA

Centre County Buy Fresh Buy Local® (BFBL) is a project of the Pennsylvania Association for Sustainable Agriculture (PASA). PASA is a nonprofit, member-based organization dedicated to promoting profitable farms that produce healthy food for all people while respecting the natural environment. For more information & to learn more about our programs, visit www.pasafarming.org or call 814-349-9854, ext 206

Local Foods Week!

Monday, August 4th - Saturday, August 9th

A week long celebration showcasing local farmers, markets, and restaurants that support our regional food systems.

Tuesday, August 5th

Boalsburg Farmers' Market

- 2pm to 5pm at the PA Military Museum
- 2pm to 4pm Musical entertainment with Munding at 2pm and "Papa" at 4pm
- 2pm to 4pm Cooking Demos by Chef Susan Kelly of Kelly's Steak & Seafood
- Meet Kim Hull, author of Going Local
- Face painting, treasure hunts, and more for the kids!

Friday, August 8th

Boalsburg Farmers' Market

- 11:30am to 5:00pm on Locust Lane
- 12pm to 2pm Cooking Demos by BFBL Partner Harrison's Wine Grill & Catering
- Meet Kim Hull, author of Going Local
- Face painting, treasure hunts, and more for the kids!

Saturday, August 9th

Millheim Farmers' Market

- 9am to 12pm on American Legion
- 10am to 12pm Cooking Demos by BFBL Partner High Street Pub
- Face painting, treasure hunts, and more for the kids!

Boalsburg Farmers' Market

- 11:30am to 5:00pm on Locust Lane
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3rd ANNUAL
CENTRE COUNTY
FARM TOUR & LOCAL FOODS WEEK

2008

Farm Tour:
August 9th
12:30 pm - 5:00 pm

Local Foods Week:
August 4th - 9th

Dine Out, Do Good!
at Bay Fresh Buy Local Partners

BUY FRESH BUY LOCAL

Herwitz's
The Original in Boalsburg!

Boalsburg's COUNTRY MARKET

High Street Pub • Local Food

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