



ACTION

THERAPY CLINIC



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• where innovation and physical therapy meet •

If unable to keep any appointment,
 kindly give 24 hours notice.



WHERE INNOVATION AND PHYSICAL THERAPY MEET



At Action Therapy Clinic, we provide personalized physical therapy care for patients of all ages in a comfortable, private setting. Every patient has unique treatment needs. It is our goal to reduce pain, return you back to function and prevent future reinjury.

OUR SERVICES INCLUDE:

- Orthopedic and sports physical therapy
- Pre- and post-surgical rehabilitation
- Back and neck care
- Muscle strain and joint sprain treatment
- Treatment of chronic pain/headache management
- Alter G antigravity treadmill training
- Post-stroke recovery
- Balance and fall prevention
- Pediatric physical therapy



Rack Card (Front)





WHAT MAKES ACTION THERAPY CLINIC DIFFERENT?

Owner, Dr. Colleen Saylor, PT has over 16 years experience as a physical therapist and strives to be the Centre Region's premier provider of physical therapy services offering innovative practices available only at Action Therapy Clinic. Dr. Saylor has specialized training in intramuscular manual therapy/dry needling, an effective intervention for muscular dysfunction. Our Alter G is the area's only anti-gravity treadmill. Using technology developed at NASA, the Alter G unweights the body incrementally to the precise point where mobility becomes pain-free. This revolutionizes the recovery process and also allows athletes to train like never before.

Action Therapy Clinic is a direct access provider, so you may make an appointment without being referred by your physician. We accept most health insurance plans, including Medicare and Worker's compensation. We also offer memberships for those athletes interested in training on our Alter G.

If you are having pain or dysfunction,
 contact us for a consultation.



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Rack Card (Back)